

	<b>School of Health, Education and Human Services</b>
	<b>NURS 1504</b>
	<b>Care of the Older Adult</b>
	<b>Term: Winter 2023</b>
	<b>Number of Credits: 3</b>
<b>Course Outline</b>	

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## **COURSE DESCRIPTION**

In this course, learners will gain knowledge and skills needed to provide high quality, relational care for the older adult. Learners will focus on meeting the complex physical, emotional, and cognitive needs for this diverse population by examining best practices in the field of elder care. Through a holistic and person centered approach, this course examines the experience of aging, common challenges in older adulthood, and nursing care interventions aimed at maintaining or restoring optimal health and functioning.

## **COURSE REQUIREMENTS**

Prerequisite(s): Earn a minimum grade of C in each of the following courses

- ANAT1101 - Anatomy And Physiology (6)
- COMM1101 - Interpersonal Relationships And Communication Skills (3)
- ENGL1201 - English Composition (3)
- NURS1101 - Nursing Arts (3)

Earn a minimum grade of B in each of the following courses

- NURS1202 - Nursing Foundations 1 (3)
- Earn a minimum grade of B+ in each of the following courses
- NURS1301 - Mathematical Principles of Medication Administration (3)

## **EQUIVALENCY OR TRANSFERABILITY**

Receiving institutions determine course transferability. Find further information at:

<https://www.yukonu.ca/admissions/transfer-credit>

## LEARNING OUTCOMES

Upon successful completion of the course, students will be able to:

- 1 Examine aging and its effects on older individuals' health and functioning.
- 2 Use appropriate tools to assess functional health of the older adult.
- 3 Apply the nursing process to individuals facing common health challenges of older adulthood and end of life.
- 4 Recognize safety risks for older adults and describe strategies to maintain safety for older adults.
- 5 Examine leadership theory and opportunities for leadership within gerontological nursing.

## COURSE FORMAT

### Weekly breakdown of instructional hours

This course will include a total of 45 hours of on-line learning, in-person classes and exams, and possible videoconference sessions. Learning activities may include, but are not limited to, facilitator-led learning, projects, and on-line exercises.

Delivery format

A combination of synchronous in-person activities and possible virtual real-time class meetings through Zoom, and asynchronous (web-based via Moodle) learning activities are provided.

## ASSESSMENT

COURSE LEARNING OUTCOMES	ASSESSMENT	WEIGHT
1,2,3,4	Learning activities	30%
1,2,3,4	Exam 1	35%
1,2,3,4	Exam 2	35%
	Total	100%

An overall minimum final mark for this course must be 64%, letter grade C, grade point value of 2.0 to pass this course.

All assessed elements must be completed in order to pass the course. Unless there is a prior agreement with the instructor, late assignments will subject to a deduction of 5% of the grade for every day late. Instructors are not required to accept late assignments if no extension has been granted.

## **COURSE WITHDRAWAL INFORMATION**

Refer to the YukonU website for important dates.

## **TEXTBOOKS & LEARNING MATERIALS**

Boscart, V., McCleary, L., Taucar, L. S., Touhy, T. A., Jett, K. F. (2023). Evolve Resources for Ebersole and Hess' Gerontological Nursing & Healthy Aging. (3rd Canadian ed.). Elsevier Canada.

VanMeter, K. C., & Hubert, R. J. (2022). Gould's pathophysiology for the health professions (7th ed.). Elsevier.

Additional learning resources may be found in the Course Offering Information or in Moodle

## **ACADEMIC INTEGRITY**

Students are expected to contribute toward a positive and supportive environment and are required to conduct themselves in a responsible manner. Academic misconduct includes all forms of academic dishonesty such as cheating, plagiarism, fabrication, fraud, deceit, using the work of others without their permission, aiding other students in committing academic offences, misrepresenting academic assignments prepared by others as one's own, or any other forms of academic dishonesty including falsification of any information on any Yukon University document.

Please refer to Academic Regulations & Procedures for further details about academic standing and student rights and responsibilities.

## **ACCESSIBILITY AND ACADEMIC ACCOMMODATION**

Yukon University is committed to providing a positive, supportive, and barrier-free academic environment for all its students. Students experiencing barriers to full participation due to a visible or hidden disability (including hearing, vision, mobility, learning disability, mental health, chronic or temporary medical condition), should contact [Accessibility Services](#) for resources or to arrange academic accommodations: [access@yukonu.ca](mailto:access@yukonu.ca).

## TOPIC OUTLINE

- 3 Hours Introduction to aging and holistic care
- 3 Hours The aging process
- 3 Hours Communicating with older persons
- 3 Hours Promoting cultural care for older persons
- 3 Hours Care settings for older adults
- 3 Hours Assessment tools and documentation in gerontological nursing
- 6 Hours Promoting safety for older persons
- 3 Hours Common chronic conditions affecting the older adult
- 6 Hours Cognitive impairment and neurological conditions in the older adult
- 3 Hours Mental health and wellness in later life
- 3 Hours Safe medication use for older persons
- 6 Hours Navigating end of life care.

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